

**C**omplementary

**H**olistic

**A**lternative

**I**ntegrative

**M**edicine

## WELLNESS FAIR

Saturday, August 19, 2017

9:00 a.m. - 3:00 p.m.

**Speak with Practitioners of**

**C**omplementary, **H**olistic, & **A**lternative Therapies

and **I**ntegrative **M**edicine

**Experience:**

Yoga ~ Feldenkrais Movement Therapy ~ Tai Chi

Find out how these all may benefit

YOU

in your quest for better health and wellness - Naturally

Call 304-281-1013 or 304-686-2724 for more information

Hosted by That's the Spot! Massage Therapy and

Hudson Premier Physical Therapy & Fitness

132 Lafayette Ave., Moundsville, WV 26041



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**CHAIM = Hebrew for LIFE!**